

Five Block Middle School Schedule (Three Lunch Periods)

Block I (75 Minutes)		
Block II (75 Minutes)		
Lunch A (30 Minutes)	Block IIIa (75-80 minutes)	
Block IIIb (40 minutes)	Lunch B (30 Minutes)	Block IIIb continued (40 minutes)
Block IIIc (75-80 minutes)		Lunch C (30 Minutes)
Block IV (75 Minutes)		
Block V (75 Minutes)		

Illustration of How E/E Block Might be Scheduled

*Block V		
Day 1 Band	Day 2 Exploratories	Day 3 Physical Education

* Note 1: Example of how any of the Elective/Exploratory (E/E) blocks might be scheduled. Variations to the three-day rotation of Block V could include offering band or Foreign Language for selected students two out of every three days, with physical education being offered one of the three days. Exploratories could be scheduled for various lengths of time such as six or nine weeks, by quarters or by semesters at some grade levels.

Note 2: The schedule format for the E/E block could vary by grade levels; for example, Grade 6 E/E block might be scheduled on a Day 1/Day 2 basis, and students in Grades 7 and 8 might follow a Three-Day rotation as shown in the example above.

Note 3: The 75 minutes shown in the blocks also must include transition time, assuming there are only 410-420 total minutes in the school day.