

## A Four Block Schedule Based on a 400-Minute School Day Showing 40-Minute Lunch Periods and a 40 Minute Period for Personnel at Each Grade Level to Schedule Advisories (A), Extended Time (E), and Additional Electives for Selected Students (EEE)

8:00 AM 8:05 AM 8:10 AM 8:15 AM 8:20 AM 8:25 AM 8:30 AM 8:35 AM 8:40 AM 8:45 AM 8:50 AM 8:55 AM 9:00 AM 9:05 AM 9:10 AM 9:15 AM 9:20 AM 9:25 AM 9:30 AM 9:35 AM 9:40 AM 9:45 AM 9:50 AM 9:55 AM 10:00 AM 10:05 AM 10:10 AM 10:15 AM 10:20 AM 10:25 AM 10:30 AM 10:40 AM 10:45 AM 10:50 AM 10:55 AM 11:00 AM 11:05 AM 11:10 AM 11:15 AM 11:20 AM 11:25 AM 11:30 AM 11:35 AM 11:40 AM 11:45 AM 11:50 AM 11:55 AM 12:00 PM 12:05 PM 12:10 PM 12:15 PM 12:20 PM 12:25 PM 12:30 PM 12:35 PM 12:40 PM 12:50 PM 12:55 PM 1:00 PM 1:05 PM 1:10 PM 1:15 PM 1:20 PM 1:25 PM 1:30 PM 1:35 PM 1:40 PM 1:45 PM 1:50 PM 1:55 PM 2:00 PM 2:05 PM 2:10 PM 2:15 PM 2:20 PM 2:25 PM 2:30 PM 2:35 PM 2:40 PM

<b>Grade 6</b>	8:00-8:40 40 minutes A/EEE	8:40-10:00  80 minutes	10:00-11:20  80 minutes	11:20 to 12:40  80 minutes	12:40-1:20  Lunch	1:20 to 2:40 80 Minutes Core Plan (Arts/PE)
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<b>Grade 7</b>	8:00 to 9:20  80 minutes	9:20 to 10:40  80 minutes	10:40-11:20 40 minutes A/EEE	11:20-12:00 40 minutes Lunch	12:00-1:20 80 minutes Core Plan (Arts)	1:20-2:40  80 minutes
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<b>Grade 8</b>	8:00 to 9:20 80 minutes (Arts Plan)	9:20 to 10:40 80 minutes Core Plan (Arts)	10:40-12:00  80 minutes	12:00-12:40 40 minutes Lunch	12:40-1:20 40 minutes A/EEE	1:20-2:40  80 minutes
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**Note** Grade 7 teachers could have their core plan block 8:00 – 9:20 and arts plan 12:00 – 1:20 if some of the arts teachers were needed for Grade 6 Triple E (EEE) time, e.g., foreign language teachers teaching a daily class. We strongly suggest that the core plan block for the arts/PE be scheduled on an alternate-day (A/B) schedule so those programs have time for the best instruction. If the arts programs are to continue for an entire semester or year, the arts block can be scheduled on a rotating day basis, such as Day 1-PE for 80 minutes; Day 2-Music; Day 3-Dance or Theater, etc.